

# SOUTHEND-ON-SEA JSNA: DATA ON HEALTH & WELLBEING ACROSS THE LIFECOURSE

## Pregnancy & 1<sup>st</sup> year of life

2,200 live births (1% pop)

- ❖ Smoking at time of delivery **10.9%**, lower than England average (2013-14)
- ❖ Low birth weight **6.8% (2013)**, similar to England rate
- ❖ Breastfeeding initiation **73%** with **36.7%** breastfeeding at 6-8 weeks, which is lower than the England average (2012-13)
- ❖ Access to antenatal care within 12 weeks of pregnancy **90+%**
- ❖ Infant mortality **3.7 per 1,000 live births** (20011-13) which is similar to England Average

## Children & Young People (1-24)

49,000 children & young people (28% pop)

- ❖ Child Poverty (under 16 years) **21.7%** higher than the England average
- ❖ **20.1%** of children aged 5 years have one or more decayed, missing or filled teeth (2011/12), significantly better than England average
- ❖ Obesity (2013/14): **9%** of children in Reception and **17.9%** of children in Year 6 are obese- both increased from previous year, similar to England average
- ❖ **61.6%** children achieve a good level of development at the end of Reception – similar to England
- ❖ Looked after children: **229** (31st May 2015). **Rate 60.5 per 10,000** similar to England (**60 per 10,000**). Uptake of immunisations in looked after children is worse than England average
- ❖ Children in Need **471** (31 May 2015) **124.4 per 10,000** lower than the national average (**346.4 per 10,000**)
- ❖ The number of children with a Child Protection Plan is **193** (31 May 2015) which is a rate of **51 per 10,000**. The rate of CPP for 2013/14 nationally was **42.1**
- ❖ The FSM gap at KS2 was **-21** percentage points in 2014, compared to **-18** points national
- ❖ The FSM gap at KS4 was **-44** percentage points in 2014, compared to **-27** points nationally

- ❖ NEETs 2015 **326** people aged 16-18 (**5.6%**), higher than England average
- ❖ Under 18 conceptions: **26.6 per 1000** females aged 15-17 (2013) similar to England average, a continued reduction
- ❖ Alcohol-specific hospital admission – under 18 year olds: **32.8 per 100,000 population** (2011/12 - 13/14), similar to England.
- ❖ Chlamydia screening (2013) **28.1%** 15-24 year population tested
- ❖ Hospital admissions due to self-harm, aged under 18, **268.9 per 100,000** (crude rate), better than England average
- ❖ Level of hospital admissions of 0-17 year old for mental health conditions in 2013/14 (Crude rate **134.7 per 100,000** 0-17 years) – higher than England average
- ❖ **68** children and young people identified as at risk of sexual exploitation (June 2015)
- ❖ Immunisation: **95.6%** of children have received MMR vaccine by age 2 – significantly higher than England average (2013/14), and **89%** have received 2 doses of MMR by the age of 5 –similar to England

## Healthy Adulthood (25-64)

92,000 people (52% pop)

- Lifestyle choices:
- ❖ **21.8%** of adults in Southend are smokers
  - ❖ Smoking prevalence in Southend is higher than the England average
  - ❖ Smoking prevalence is higher in routine and manual workers – almost **1 in 3** smoke
  - ❖ Nearly half (**48%**) don't eat 5 portions of fruit and veg a day
  - ❖ Almost two thirds of adults (**63.8%**) are overweight or obese
  - ❖ **1 in 4** are clinically obese
  - ❖ **34.5%** of adults participate in sport at least once a week
  - ❖ **28%** of adults do less than 30 minutes of physical activity per week
  - ❖ The number of hospital stays for alcohol related harm is similar to the national average
  - ❖ The prevalence of opiate and/or crack use is higher than the national average

## Older People (65+)

32,800 people (19% pop)

- Life expectancy at birth (2011-13)
- ❖ Males **79.8** (England 79.4)
  - ❖ Females **82.9** (England 83.1)
- Life expectancy at age 65 (2011-13)
- ❖ Males **18.8** (England 18.7)
  - ❖ Females **20.9** (England 21.1)
- Inequalities in life expectancy (by deprivation decile 2011-13)
- ❖ Males **11.1 years**
  - ❖ Females **10 years**
- All age all-cause mortality:
- ❖ Males **1134.36 per 100,000** population (2008-10)
  - ❖ Females **866.09 per 100,000** population (2011-13)
- ❖ Hospital admissions (2013-14) due to falls, **aged 65+**, **2,162 per 100,000 population**
  - ❖ Dementia: estimated prevalence of **1,139 people, all ages: QOF register (2013-14)**

# SOUTHEND-ON-SEA JSNA: DATA ON WIDER DETERMINANTS OF HEALTH

## Economic

- ❖ Unemployment (Job Seekers Allowance) rate **1.9%** = **2,095** adults (May 2015) **14.3%** working age adults in Kurasaal unemployed (Job Seekers Allowance) (October 2014)
- ❖ **11%** Working age adults claiming out of work benefits or **12,060 persons** (May 2015)
- ❖ Proportion of working-aged adults with no qualifications **10.4%**, higher than England average, 8.8% (Jan 2014-Dec 2014).
- ❖ **7.5%** of economically active (**6,500** estimated) unemployed (Jan- Dec 2014)

## Community Safety

- ❖ Violent crime **15.4 per 1,000** residents higher than the average for England
- ❖ Domestic incidents **20 per 1,000** residents
- ❖ **78** first time entrants to criminal justice system in 2014 - **483 per 100,000** of 10-17 year olds receiving first reprimand/warning/ conviction. National rate **409 per 100,000**
- ❖ **2633** complaints (**15.2 per 1000** population) about noise in 2012/13 higher than average for England
- ❖ **68%** Of Southend residents believe Southend has got safer in last 12 months (2014-local police survey)

## Housing

- ❖ Estimated **79,190** dwellings in Southend-on-Sea
- ❖ **11.7%** (**9,320**) dwellings social rented or Council owned
- ❖ **101** homeless applications were made to Council in 2013/14
- ❖ **331** households at risk of homelessness were supported and kept their homes in 2013/14
- ❖ There were **39** statutory homeless (**0.5 per 1000** population). Lower than the England average (2013/14)
- ❖ **6,800** households estimated to be living in fuel poverty (2012)
- ❖ **4,320** properties in private rented sector are estimated to not meet legal minimum energy efficiency standards

## Transport

- ❖ **31.1%** use their car/van to get to work, **8.5%** travel on foot, **1.8%** use a bicycle, **3.4%** bus, **3.0%** car passenger (Census 2011).
- ❖ The rate of all persons and children killed or seriously injured on the roads is similar to England. (**34.9 per 100,000** population people killed or seriously injured in 3 years 2011-13)
- ❖ Number of children seriously injured in road traffic accidents (**23 per 100,000** population 2011-13) has reduced over the last few years and is now similar to England Average.
- ❖ The number of people working from home decreased from 8.0% (2001 census) to **5.92%** (England 6.9%) (Census 2011)

## Social care & vulnerable people

- ❖ Proportion older people discharged from hospital to intermediate care/ rehabilitation/re-ablement who are still living 'at home' 91 days after discharge: **78.6%**. This is a decrease on previous figures but similar to East of England and England
- ❖ Proportion of people who receive self-directed support **75.4%** (4,110 persons I 2013/14)
- ❖ Adults with learning disabilities in settled accommodation **81.6%**, higher than East of England & England (2013/14)
- ❖ Percentage adults on CPA in settled accommodation **70.2%** (2012-13)
- ❖ The number of working age people receiving Disability Living Allowance is **40.0 per 1,000** of the working age population (May 2014)
- ❖ **521** adult safeguarding referrals received in 2014/15
- ❖ **527** adults with learning disabilities received long term support. **7%** of these in paid employment, **82%** in settled accommodation
- ❖ **211** adults with mental health needs receiving long term support from Council